
Kea'au High School

The Cougar Connection

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Kea'au High School Vision

We will inspire change and create positive outcomes for students to achieve and succeed.

Kea'au High School Mission

We will challenge and motivate students to learn and succeed with PRIDE.

Kea'au High School does not discriminate on the basis of race, sex, age, color

Aloha Students, Parents/Guardians and Community.

I hope you all had a wonderful Winter Break and are all safe and sound. Happy New Year! Welcome to 2023!!!

Here we go for the second half of our school year. Here are some reminders.

We continue with our no tolerance to physical violence policy. If this were to occur you may be put on our Distance Learning Platform for the remainder of the school year.

Pullover hoodies are not allowed unless they are our school colors (Navy Blue, Red, White or Grey) and have Kea'au High or Kea'au Cougars visible on the front of the Hoodie again with our school colors for the lettering. It is our cold months and we want our students to be warm and safe. We ask for your assistance in making sure they are identified as belonging to Kea'au High School Campus. Please make sure our students are at school and on time so we can do everything in our power to educate them.

We have our Western Association of Schools and Colleges (WASC) group coming in March and we will need some input from you all on how you feel we are doing with educating our students. Please be on the lookout for some meetings.

Our Parent/Community Walkthrough will be January 26th from 9-11AM. If you can join us to see the great things going on in our school please call our Parent Community Network Coordinator (PCNC) Linda Smith at (808) 313-3321 or just come to the front office at 8:45AM and join us.

Hope to see you.

Welcome back and I look forward to having an excellent second half of our school year.

**Aloha,
Principal Cevallos**

Notification of Privacy Rights

Know your privacy rights as they apply to 1) student record information; 2) directory information; 3) surveys and other information collection; and 4) military recruitment information. For more information on your privacy rights, the laws that protect them, and how to exercise your rights, contact your school administrator or visit: <http://ferpa.k12.hi.us>

DID YOU KNOW?

Administration School Announcements



January 16th-Martin Luther King Jr. Day

NO SCHOOL

January 17th- Mentoring Day

"A mentor is someone who allows you to see the hope inside yourself." — Oprah Winfrey

January 16th-Day of Acceptance

"Tell the world how important it is to embrace who you are."

Federal Impact Survey

Please complete and return to the school. If you need another survey, You may stop by the KHS Main Office and pick one up.

KHS ACT Exam will be taking place on February 28th at the KHS gym. This exam is only for 11th-grade students who have reserved their exam seats.

Please make sure that students get a good night's rest, eat a good breakfast, and arrive at school early, before 8 am on that day.

Happy
New Year



Parent School Quality Survey

Your feedback on our school is important to us. Please take a few moments to complete the School Quality Survey (SQS). The SQS was distributed to period 1 students on January 9th. The SQS measures your perceptions of the safety and well-being of your child and your satisfaction and involvement/engagement with your child's school. Your responses will be kept confidential in order to gather candid information and will be used by schools for continuous improvement purposes. As a parent/guardian, this is an opportunity for your voice to be heard. One parent/guardian may complete one survey for each Grade K-12 student. Because different students may have different experiences in a school, parents/guardians should complete a survey for each child in each school.

Access to the survey link or the QR code can be found on the attached parent letter. If you do not have internet access to complete the survey, you may pick up a paper survey (one for each child in grade K-12) from the KHS Main Office.

Or you may stop by the KHS Library, we have set aside computers to complete your survey.



STATE OF HAWAII
DEPARTMENT OF EDUCATION
KA 'OIHANA HO'ONA'AUAO
P.O. BOX 2360
HONOLULU, HAWAII 96804

OFFICE OF THE SUPERINTENDENT

January 9, 2023

Dear Parents & Guardians of Students in Grades K-12:

Your feedback about our public schools is important to us. This year, we respectfully request a few moments of your time to complete the School Quality Survey (SQS), which measures your perceptions of the safety and well-being of your child and your satisfaction and involvement/engagement with your child's school. Your responses will be kept confidential in order to gather candid information and will be used by schools for continuous improvement purposes. As a parent/guardian, this is an opportunity for your voice to be heard.

A parent/guardian may complete one survey per child. You may complete the SQS online at <https://www.surveymonkey.com/r/2023SQSParent> or by scanning the QR code below. Schools may have a computer with internet access available to complete the survey at the school site. If you do not have internet access, you may request a paper survey, one for each child in grades K-12, no later than **February 24, 2023**. Your school may have hard copy surveys; if not, please request a survey by calling (808) 733-4008 or toll-free at (855) 276-5801, Monday through Friday from 7:45 a.m. to 4:30 p.m.

This letter and the survey questions have been translated into 14 languages (Cebuano, Chinese simplified, Chinese traditional, Chuukese, Hawaiian, Ilokano, Japanese, Korean, Marshallese, Samoan, Spanish, Tagalog, Tongan, Vietnamese) and are available at <http://arch.k12.hi.us/reports/sqs>. Please click on the drop-down arrow for "School year" and select 2022-2023; then click on the drop-down arrow "Filter by" and select Translations for your language; finally, click on the drop-down arrow "For" and select Parent Letter or Survey to obtain translated documents. If your language is not available, please call your school for assistance.

Please read the survey directions carefully and complete the paper or online survey by the deadline of **March 10, 2023**. Responses are due by the deadline in order to be included in the final report.

Should you have any questions about this survey, please contact us via email at SQS@k12.hi.us, or call (808) 733-4008 from 7:45 a.m. to 4:30 p.m., Monday through Friday. Neighbor island parents may call toll-free at (855) 276-5801.

Thank you for your support and for helping to improve our public schools.

Sincerely,

A handwritten signature in blue ink that reads "Keith T. Hayashi".

Keith T. Hayashi
Superintendent



QR code for Parent SQS

TRANSITION CENTER

Hey SENIORS

Have you completed the FAFSA yet?

If you need help, see Mrs. Yamamoto. Remember we need to get 108 completed applications completed by March 15, 2023 so your class can earn \$800 that can be used for prom and other activities! As of 10/31 we only have 22 seniors that completed....



ACT REGISTRATION DATES

- March 10

ACT TEST DATES

- December 10
- April 15

SAT REGISTRATION DATES

- February 10
- April 7
- May 4

SAT TEST DATES

- March 11
- May 6
- June 3



Takitani Scholarship: Seniors who plan to attend college to apply for the One senior will be awarded this \$3000 scholarship and be eligible to compete for an additional \$3000, \$8000 or \$10000 scholarship. Complete an online application and submit a printed one by February 1st to the Transition Center.

There are other scholarships from HFS and Rotary etc as well.

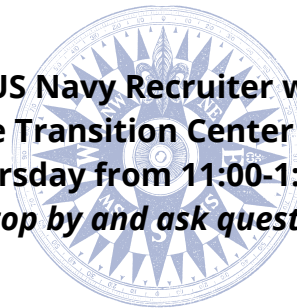
The Hawaii Community Foundation Scholarship application is now open!

Deadline to apply is:

February 15, 2023.

<https://www.hawaiicommunityfoundation.org/students>

The US Navy Recruiter will be in the Transition Center every Thursday from 11:00-1:00pm.
Stop by and ask questions.



KEA'AU COUGAR ATHLETICS



Track & Field



Tennis



Judo



Boy's Volleyball



Girl's Water Polo



Softball



Baseball

Interested in playing one of the sports above?

Sign up in the office for Spring Sport Tryouts!

Free Athletic Sports Physicals

Monday, January 23rd 2:00- 4:00

Monday, January 30th 2:00 - 4:00

Students or Parents can stop by the Main Office to sign up for a time slot and pick up the necessary paperwork. Should you have any questions please contact the Health Room at 313-3300.



WINTER SPORT SCHEDULE

Come Out and Support our Athletes!



BOY'S BASKETBALL

DATE	DAY	TIME	SPORT	OPPONENT	LOCATION
1/14/2023	SAT	3:00pm	BASKETBALL-B	Kau	Kau HS
1/20/2023	FRI	5:00pm	BASKETBALL-B	Kaialanaha V (Pahoa JV)	Keaau HS
1/25/2023	THURS	5:00pm	BASKETBALL-B	Hawai Prep	Hawai Prep
1/27/2023	FRI	TBD	BASKETBALL-B	BIIF PlayOffs for ties	TBD
1/28/2023	SAT	TBD	BASKETBALL-B	BIIF D2 PlayOffs-1st Round	TBD
1/30/2023	MON	TBD	BASKETBALL-B	BIIF D1 & D2 Semi-Finals	TBD
1/31/2023	TUES	TBD	BASKETBALL-B	BIIF Championships	Hilo Civic
2/6/2023	MON	TBD	BASKETBALL-B	HHSAA D1 - Playin	TBD
02/06-11/23	THURS-SAT	TBD	BASKETBALL-B	HHSAA Championships	Oahu

GIRL'S BASKETBALL

DATE	DAY	TIME	SPORT	OPPONENT	LOCATION
1/13/2023	FRI	5:00pm	BASKETBALL-G	Christian Liberty (V Only)	CLA
1/18/2023	WED	5:00pm	BASKETBALL-G	Honokaa V (Hilo JV)	Keaau HS**
1/21/2023	SAT	TBD	BASKETBALL-G	BIIF PlayOffs for ties	TBD
1/23/2023	MON	TBD	BASKETBALL-G	BIIF D1 & D2 Semi-Finals	TBD
1/25/2023	WED	TBD	BASKETBALL-G	BIIF Championships	Hilo Civic
1/30/2023	MON	TBD	BASKETBALL-G	HHSAA D1 - Playin	TBD
2/01-04/23	WED-SAT	TBD	BASKETBALL-G	HHSAA D2 Championships	Hilo Civic
02/01-04/23	THURS-SAT	TBD	BASKETBALL-G	HHSAA D1 Championships	Oahu

WRESTLING

DATE	DAY	TIME	SPORT	OPPONENT	LOCATION
1/14/2023	SAT	10:00am	WRESTLING	All Schools	Konawaena HS
1/18/2023	WED	TBD	WRESTLING	TBA-Oahu	TBD
1/21/2023	SAT	10:00am	WRESTLING	All Schools	Kamehameha-Hi
1/25/2023	WED	TBD	WRESTLING	TBA-Oahu	TBD
1/29/2023	SAT	10:00am	WRESTLING	All Schools	Kaialanaha HS
2/4/2023	SAT	10:00am	WRESTLING	All Schools	Hawai Prep
2/11/2023	SAT	10:00am	WRESTLING	All Schools	Keaau HS
2/18/2023	SAT	10:00am	WRESTLING	BIIF Championships	Waikiki HS
02/25-26/23	FRI-SAT	TBD	WRESTLING	HHSAA Championships	Blauvelt

SOCCER

DATE	DAY	TIME	SPORT	OPPONENT	LOCATION
1/14/2023	SAT	2:00pm	SOCCER	Kaialanaha	Kaialanaha HS
1/16/2023	MON	3:00pm	SOCCER-B	Konaia	Konaia HS
1/17/2023	TUES	3:00pm	SOCCER-G	Hilo	Hilo Bay Front
1/20/2023	FRI	TBD	SOCCER-G	BIIF PlayOffs for Ties	TBD
1/21/2023	SAT	3:00pm	SOCCER-B	Manua Left	Keaau HS**
1/23/2023	MON	TBD	SOCCER-G	BIIF Semi Finals	TBD
1/25/2023	WED	TBD	SOCCER-G	BIIF Championships	Hawai Prep
1/27/2023	FRI	TBD	SOCCER-B	BIIF PlayOffs for Ties	TBD
1/28/2023	SAT	TBD	SOCCER-B	BIIF D2 1st Round	TBD
1/30/2023	MON	TBD	SOCCER-B	BIIF Semi Finals	TBD
2/1/2023	WED	TBD	SOCCER-G	HHSAA D1 Playin	TBD
02/01-04/23	WED-SAT	TBD	SOCCER-G	BIIF Championships	Hawai Prep
2/6/2023	MON	TBD	SOCCER-B	HHSAA D1 Playin	TBD
02/06-11/23	THURS-SAT	TBD	SOCCER-B	HHSAA Championships	Oahu

SWIM-DIVE

DATE	DAY	TIME	SPORT	OPPONENT	LOCATION
1/14/2023	SAT	10:00am	SWIM-DIVE	All Schools	Sona Aquatic Ctr
1/21/2023	SAT	10:00am	SWIM-DIVE	All Schools	Hawai Prep
1/26/2023	THURS	4:00pm	SWIM-DIVE	BIIF Dive Prelims	Hawai Prep
1/27/2023	FRI	3:30pm	SWIM-DIVE	BIIF Swim Prelims	Hawai Prep
1/28/2023	SAT	9:00am	SWIM-DIVE	BIIF Swim/Dive Finals	Hawai Prep
02/15-11/23	FRI-SAT	TBD	SWIM-DIVE	HHSAA Championships	Oahu

PADDLING

DATE	DAY	TIME	SPORT	OPPONENT	LOCATION
1/14/2023	SAT	9:00am	CANOE PADDLING	All Schools	Hilo Bay
1/21/2023	SAT	9:00am	CANOE PADDLING	BIIF Championships	Hilo Bay
2/4/2023	SAT	TBD	CANOE PADDLING	HHSAA Championships	Keahi Lagoon-Oahu

BIIF Passes

BIIF Passes are currently on sale for \$25.00 for any Kea'au High School student. This pass grants the student access to all Kea'au High School games both home and away. Student also receive a discounted price for Championship games and State games. To purchase stop by the Main Office or contact the Athletic Department.

Kea'au High School
All Cougars Sports
LIVE in One Place

Subscribe to watch Kea'au High Athletics all year round at www.offtheterrace.com



KCAB





Kea'au Cougars Athletic Boosters (KCAB) is a nonprofit organization that supports our Athletic Department and the student athletes. We are currently looking for any parents, guardians, or alumni that are interested in join us. For more information please visit the Athletic Page on the school website (keaauihs.com) or contact the Athletic Department at 808-313-3450.



AVID MONTHLY UPDATES


Georgia State University



Spotlight on College

	Location: Atlanta, Georgia Type: 2-year Public
	Total Students: 32,082. Average Class Size: Fewer than 20 students.
	Admission Requirements: High school academic transcript. English proficiency score. GPA score: 3.45/4 (87-89%) on average. Essay/SOP. ACT/SAT scores (Test optional) SAT score range: 950 - 1160. ACT score range: 20 - 25. Letters of Recommendation, Passport. Financial documents, Jul 5, 2022
	Application Deadline: April 1 Application Fees: \$60

	Tuition:		
	Residency Status	Semester Cost	Yearly Cost
	Resident	\$3,579	\$9,790
	Nonresident	28,830	31,370
	Important Info:		
	<ul style="list-style-type: none"> • 250+ degree programs in 100 fields of study at the Atlanta Campus — the widest variety in the state. • One of the nation's leading urban research universities and the only one in Georgia. • A national leader in graduating students from diverse backgrounds. 		

	<input type="checkbox"/> Cumulative GPA below 2.7 considered on a sliding scale with official ACT/SAT scores.									
	Application Deadline: Fall: July 1st Spring: December 1st Application Fees: \$50									
	Tuition: 7344 USD (In-State) Hale 'Alabonua									
	<table border="1"> <thead> <tr> <th style="text-align: center;">Residency Status</th> <th style="text-align: center;">Semester Cost</th> <th style="text-align: center;">Yearly Cost</th> </tr> </thead> <tbody> <tr> <td>Resident</td> <td style="text-align: center;">3,672</td> <td style="text-align: center;">7344 USD</td> </tr> <tr> <td>Nonresident</td> <td style="text-align: center;">5,868</td> <td style="text-align: center;">20,798 USD</td> </tr> </tbody> </table>	Residency Status	Semester Cost	Yearly Cost	Resident	3,672	7344 USD	Nonresident	5,868	20,798 USD
Residency Status	Semester Cost	Yearly Cost								
Resident	3,672	7344 USD								
Nonresident	5,868	20,798 USD								
	Important Info:									
	<ul style="list-style-type: none"> • 38 Majors; 8 Graduate; 4 Doctorates • Study Abroad Eligibility: <ul style="list-style-type: none"> ◦ Completed 24 college credits by the time of departure (24 credits must be attained before departure) ◦ Maintain a 3.0 cumulative GPA before time of departure ◦ Must be current full-time UH Hilo student, need to complete one semester at UH Hilo prior to departure ◦ Be in good health, academic and personal standing (must not have any outstanding judicial issues) • First Year Experience (FYE) open to all classes 									



HETS- TRIO TALENT SEARCH

Current Events

DAILY FAFSA WORKSHOPS

STOP BY E-108L
NO APPOINTMENT NECESSARY
RECESS & LUNCH!

VALENTINE
HOLIDAY CARD
PROJECT
Community Service
Opportunity
Recess and Lunch
Daily

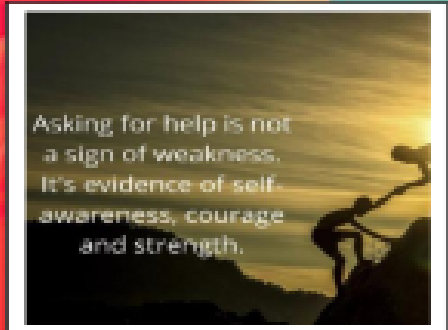
HEY Seniors!

Here is your college prep TO-DO list:

- FAFSA
- College Applications
 - HawCC
 - UH Hilo
 - Common App
- Scholarship Applications
 - UH System Common
 - HCF Common
 - Check your emails for other options
 - See HETS google classroom

HETS & HOSA OAHU CONFERENCE FIELD TRIP

A collaboration with UH Manoa Health
Career Opportunities Program
March 1-3, 2023



Asking for help is not
a sign of weakness.
It's evidence of self-
awareness, courage
and strength.

HETS continues to
provide 1:1
professional career
counseling for Kea'au
High School students
grades 9-12.

Encourage students
to take advantage of
this free service.

Schedule an
appointment with Mrs.
Moake
jamaicah@hawaii.edu

Do you love music? Do you enjoy performing in front of others?



This is your opportunity to showcase your talents with the Sparx Hawaii music talent search and to get recognized for your musical talents by your school community and the state of Hawaii. Who knows, maybe you're the next Bruno Mars!

A woman with long dark hair is singing into a silver microphone. The background is a soft-focus green. Overlaid on the image is the 'SPARX Hawai'i' logo in white, with a bright orange starburst graphic behind the word 'SPARX'. A QR code is located in the bottom left corner of the image area.

SPARX
Hawai'i

HISessions is doing a musical talent search at 4 Ka'ū-Kea'au-Pāhoa schools including OURS!

The SPARX Hawai'i Music Contest is brought to you by 'Aha Lamakū 'Oia'i'o (ALO), a federal grant (Project No. S362A210096) administered by the Pacific Literacy Consortium, College of Education, University of Hawaii at Manoa.

Those interested should stop by J-102 and speak with Mr. Ho.

KEA'AU HIGH SCHOOL

EDUCATIONAL

LIGHT REFRESHMENTS

NEW RELATIONSHIPS

PARENT AND COMMUNITY WALK THROUGH

January 26, 2023

0900-11AM

**Connect
with
Faculty
&
Parents**

**Learn
Your
Child's
Interest**

**Community
Support
&
Resources**

Understand Your Child's Interest

Engage in the opportunity to discuss educational programs, student/school success, achievements and students performance as well as the needs among many other things.

Coordinate With The Principal

Our walk through is an open-ended opportunity for parents/guardians to investigate specific ways they can help their child succeed in high school.

Community Support & Resources

Discuss and support from parent/guardians, community member and businesses

Connect With Parents

Enjoy this time of creating relationships with other parents/guardians as well having the opportunity to network with community partners.



Happy New Year 2023

Join Us!



7TH ANNUAL HILO-WAIĀKEA-KEA'AU MUSIC EVENT

ALL-YOU-CAN-EAT
HOT DOG JAM

PRE-SALE
\$8

SUNDAY, FEBRUARY 19, 2023
10:00 AM - 2:00 PM
WAIĀKEA HIGH SCHOOL GYM

Entertainment Provided by the School Bands
1 free bottle of water included, additional beverages and snacks will be available for purchase. Lucky number drawing, Craft Vendors

NO TAKEOUTS, MUST BE PRESENT TO EAT



KIDS 4 & UNDER ARE FREE
\$8 | **\$10**
PRE-PAID | AT THE DOOR

7TH ANNUAL HOT DOG JAM
PROGRAM

10 am - 10:30 am	WIS Titan Band
10:40am - 11 am	WIS Ukulele Band
11:10 am - 11:40 am	WHS Warrior Band
11:55 am - 12:25 pm	HIS Spartan Band
12:45 pm -1:15 pm	HHS Viking Band
1:30pm-1:55pm	KHS Cougar Band



Tickets for this event are available with any

KHS Cougar Band Member or by contacting Christopher Ho @ 808-313-3470

**Our *community*
banks are
banking on *you*.**

**GIVE
BLOOD. End
Hunger.**

January is National Blood Donor Month, and to celebrate, we're extending "Give Blood. End Hunger." For every blood donation received, we'll provide a meal to The Food Basket, Hawaii Island's Food Bank. Make an appointment this month to double your impact. Visit bbh.org or call (808) 848-4770 to schedule an appointment.

new info
— for —
January

Hilo Blood Drive

**The Church of Jesus Christ of Latter-day Saints
Hilo Hawaii Stake
Cultural Hall**

1373 Kilauea Avenue Hilo, HI 96720

Tuesday, January 17	Wednesday, January 18	Thursday, January 19
9:00 am – 7:00 pm	8:00 am – 6:00 pm	6:00 am – 3:00 pm

Please provide the Kea'au High School Lifesaver Club group code (2903) when you arrive for your appointment.



**Blood Bank
of Hawaii**



Donations by appointment only.
Visit BBH.org to
register and donate.

(808) 848-4770



STUDENT TRAVEL OPPORTUNITIES

Keaau Middle School Teacher Tiffany Edwards Hunt is leading two different student tours to Japan and to the Mediterranean for those ages 12-17. If you or your student are interested in these student tours slated for 2024 and 2025, attend an information meeting via Zoom at 5:30 p.m., Thursday, Jan. 26.

To RSVP for the information meeting:

<https://bit.ly/3jz9tRu>

The EF Tours trips are all inclusive, with the price including airfare, hotel, and all other associated expenses, including two meals per day.

If you are interested in more information on either trip, or you would like to support a traveler fundraising efforts, reach out to Mrs. Hunt at (808) 938-8592.



To see the itinerary and trip details for Japan in 2024
www.eftours.com/2470179ct



To see the itinerary and trip details for Greece and Italy
www.eftours.com/2552765pw



Volunteer Tracker

App Garden



Interested in becoming a volunteer?

We are so excited that you are interested in volunteering!

Volunteers are a vital part of our district and we appreciate YOU!

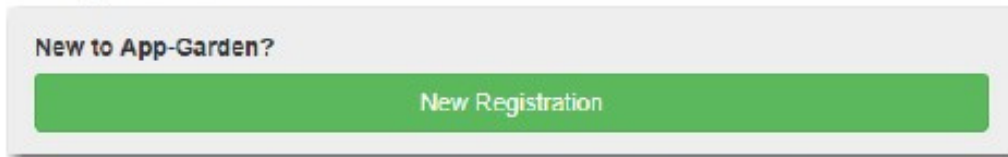
Please follow the steps on the right to sign up for volunteer applications and opportunities.

Questions?
support@app-garden.com

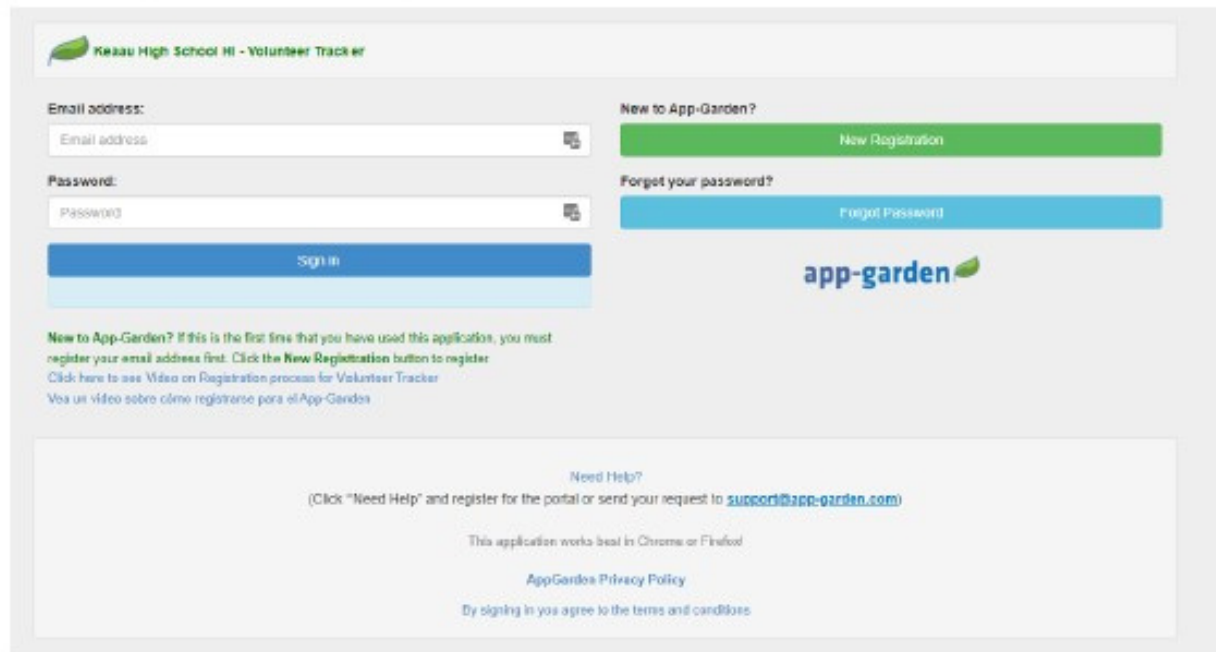
How to Register

- 1 Visit our website
<https://appgarden5.app-garden.com/VolTrackHI354.nsf>
- 2 Register and complete the application.
- 3 We will review your application and you will be contacted if further information is needed.
- 4 Once approved, watch your in-box for invites to opportunities that match your interest.

The first time you access the system you will need to click on the registration link to register your email address and create a password. Click on the:



You will then go to your email to locate an email from dadmin@app-garden.com and click on an activation link. If you do not see this email in your inbox, please check your spam or clutter folders. The link in the email will redirect you to the Kea'au High School Volunteer Tracker.



You will sign in using your email address and the password that you created when you registered.

You will see an application that you will complete and submit.

Home / All Volunteers / Volunteer Application

Volunteer Application

Thank you for your interest in volunteering at Kea'au High School!

Please be note that there are background check processes that may require your attention. Please review the description under each level below in the volunteer application prior to selecting an activity and/or activities.

- Level 1: May require background check screening from Sterling Advanced Criminal Locator Search Report and principal approval.
- Level 2: May require background check screening from Sterling Complete Criminal Locator Search Report and principal approval.

When you submit your application, please upload your proof of Vaccination and your Volunteer Attestation Statement. If you have not been vaccinated, you will be required to show a negative Covid 19 test each time you volunteer.

After you submit your application, you will receive an email to remind you to upload your proof of vaccination and your Volunteer Attestation check Statement if you have not already done so. Once background checks and principal review of the application is completed, you will receive an email when you are approved.

Thank you again for your interest in volunteering at Kea'au High School!

Name and Contact Details

* Legal First Name	* Middle Name or Initial	* Legal Last Name	
<input type="text"/>	<input type="text"/>	<input type="text"/>	
* E-Mail Address	<input type="text"/>		
* Date of Birth m/d/yyyy	* Gender		
<input type="text"/>	<input type="radio"/> M <input type="radio"/> F		
* Street Address	* City	* State	* Zip Code
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

Once the application is submitted, you will receive an e-mail when you are approved and can begin volunteering!

Thank you for volunteering at Kea'au High School! Your contributions are invaluable!